

Moving On

A Semi-Annual Newsletter for our Families, Partners, and Donors

June 2022

June: Our Most Impactful Month

Brain Injury Awareness Month



Client Gardening at Centre for New Tomorrows (CNT)

Clients in our Group Services day programming were enjoying a morning with warm sunshine and planting beautiful flowers and greenery.



Client Appreciation for Sleep Country Donation!

Clients were grateful to receive mattress donations from Sleep Country Canada.

Client Story: This is Kate



Kate grew up in a small town with her older brother and sister. In the spring of 2013 at the age of 17, she acquired a traumatic brain injury in a car accident, which left her using a wheelchair. She also developed some cognitive challenges, which she has been working through with the support of her external rehabilitation team and Dale Brain Injury Services.

Before her brain injury, Kate was an active teenager that enjoyed playing basketball. She had a vibrant personality and enjoyed spending time with her friends. After her injury Kate is just as vibrant and spunky as ever, but she enjoys more solitary activities now such as Netflix marathons, playing video games and spending time with her adorable cat Greebee. Kate went from an "average" teenager to having to navigate the complicated insurance world and health care system. With the help of her external health care team, lawyers and family, Kate has been managing life post-TBI. To help Kate manage and take charge of her health challenges she started a new chapter of her journey at Dale Brain Injury Services.

Kate initially joined the Dale Brain Injury Services' Gateway to Connections Adult Day Program to establish more routine in her life and create meaningful connections. For a year, Kate was living in Woodstock in an apartment with 24/7 staff support, that was compromising her long-term financial stability. Later that year she was accepted into the Residential Transitional Services (RTS) program at Dale Brain Injury Services with her

cat Greebee. During her seven-months in the RTS program, Kate developed her ability to be as independent as possible in a wide variety of areas of her life such as: problem solving skills, conflict resolution, medication management, community orientation/safety, cooking, cleaning and some financial skills. One of Kate's favourite activities that she developed through her ability to be more independent is going to Tim

Hortons for her XL double double. At two downtown locations in London, Kate became not only a regular but a valuable member of the community. On her trips to these Tim Horton's locations, many people passing by got to know Kate and would stop and say hello. Numerous times throughout her journey in the RTS program, Kate reported these interactions as being an important aspect of her quality of life.

This is Kate Continued....

Furthermore, she helped to improve the sense of community in the RTS program by helping to start a popular weekly baking group.

Fast forward to the present and Kate has transitioned to a semi-independent living environment and only requires a couple hours of support per day. Kate says that she could not be any happier with how independent she has become after years of hard work with her family, external team and the RTS staff. She can also proudly report that she's fully independent going to Tim Horton's in her new neighborhood already!!

A few statements from important people in her life:

- Martha, Kate's Mother – "Thank you everyone for all your hard work over the years. I never pictured this day coming for Kate. Living on her own."
- Christie McClure, Case Manager – "My experience in working with the Dale team has been exceptional from start to finish. Throughout the duration of the client's involvement in the RTS program, the team at Dale remained in constant communication with the community-based team, while consistently demonstrating a collaborative and client centered approach. The client has gained further independence, improved her confidence significantly, and has been able to achieve her biggest lifelong goal of having her own apartment without 24/7 supervision. Thank you to the entire Dale Team for all that you have done!"

While Kate still faces challenges navigating the world as a brain injury survivor, we are all confident she has the tools and skills to live the life she desires. She has learned to redefine what independence means to her and have a happy and fulfilling life.





Annual Walk-a-thon Fundraiser

Join Dale Brain Injury Services on Friday, June 24th for the annual Moving Forward Fundraiser, raising funds for our Enriching Lives Fund (ELF) & awareness of Acquired Brain Injury and Stroke.

The funds from ELF benefit clients directly in a variety of ways: subsidizing programming, meeting immediate and basic client needs such as food, clothing or housing insecurities; providing care packages and enabling clients to engage in events or activities they may not otherwise be able to afford.

On June 24th, we will have a virtual event at 11am followed by an in-person walkathon event between 1-7pm at our Centre for New Tomorrows (CNT) location. Masks and hand sanitizer will be available and the walkathon will have staggered start times to help ensure safe distancing and to minimize large gatherings. As the event date draws closer, changes may be required to ensure that we are following public health guidelines and meeting the health and safety needs of our supporters, clients, staff and volunteers, including possible event adjustments to mitigate any health risks. We will be sure to communicate any changes closer to the event date.

Registration:

- Sign-up for the Virtual or In Person Event Walkathon, or join us for both by registering at;
<https://forms.gle/UjW8XxuyWuFLfoSn8> or call Stacy at: 519-668-0023 ext 119

Virtual Zoom Event Details:

- Join Virtual Event – June 24th – 11am
<https://us02web.zoom.us/j/83224516894?pwd=V0w3eTE5d0tST1djTDhPOVdOcDBDZz09>

Meeting ID: 832 2451 6894

Passcode: 852514

Purchase a new Walkathon T-Shirt at the in person event, and your funds will be donated to our Enriching Lives Fund!



How to Raise Funds or Donate:

- Drop off Donations at CNT: 345 Saskatoon St./London ON
- Donate online at: www.daleservices.on.ca and click on **Donate Now**
- Pledge Forms: A printable version attached or the electronic version below that can be accessed from your phone.
<https://forms.office.com/r/bkwMt6c6dh>
- Buy a DBIS T-Shirt at CNT on June 24th - \$25 ...cash only, please

Look! 3 Chances To Win A Prize

1. Top Fundraiser receives a prize!
2. Post or send in a photo or video of you 'In Motion' with **DBIS' Mascot, C.R. Bellum**, and receive a ballot entry, send entries to: stacyv@daleserviceson.ca or follow the link to submit; <https://app.celebrate.buzz/invitations/dale-services-dale-services-walkathon-2022>
3. **Follow DBIS**, or **Tag DBIS** in your pictures and videos, or **Share & Like DBIS posts**
 - each time you engage and interact with DBIS on social media, receive a ballot entry



We hope to see you on June 24th! 😊

Caregiver Feedback from Our Strategic Planning Input

We Asked: What Does Dale Brain Injury Services Do Well?

"Takes a personal interest in all their clients and their families and makes them feel welcome."

"Dale workers engage in an active, compassionate and professional manner with each client. The rehabilitation and positive steps to independence made by each client is witnessed by the Care that Dale offers. The Gains are amazing. The workers empower the client in mind, body and spirit. Dale offers excellent assistance to Caregivers/ Care Partners through knowledge, support and Respite Care."

"Keeping my husband's brain active which makes him function in a positive way."

"Dale Brain Injury communicates well with caregivers! Therefore allowing caregivers to keep their loved one informed of what is happening. This keeps them comfortable with what is happening and less stressed. This is has been so important during this Pandemic."

"Provide numerous online options for clients, showing a lot of initiative during the pandemic."

"DBIS always puts their clients first and foremost. They are always accommodating and looking to see how they can help you or your loved ones next. So supportive and very caring."

"Provide consistent support with educated and non-biased expertise."

You are very caring about both your client and their caregivers. Even though my loved one no longer attends I still have contact and get good advice.



We Thank You For Your Continued Support!

January to May 2022

<i>London Hydro</i>
<i>PayPal</i>
<i>Dominic Sterling</i>
<i>Diane Bentley</i>
<i>Al Sterling</i>
<i>Janet Sterling</i>
<i>Doris McKeever</i>
<i>Ted Gerhold</i>
<i>Jannette Fisher</i>

Donations play a vital role at Dale Brain Injury Services. We use donations to supplement regular client activities and programming that would not be possible without your support. Capital donations allow us to “Build futures” through building affordable and accessible housing that allows our clients to access daily supports as needed. Your donations to the Enriching Lives Fund (ELF) will be used by clients to attend events and participate in community activities, as well as purchase everyday needs such as shoes, clothes, and food, ensuring they have the necessary items for comfortable daily living.

Stay tuned for upcoming details on a new fundraising organization we’ve partnered with, **Green Apple Gives**. This will be an innovative way for simple, automated and spare change donating. Visit <https://www.greenapple.gives/> for more information.



ERRORS & OMISSIONS

Every effort has been made to ensure complete accuracy of this publication. If any errors are noticed, please contact Stacy Van Acker at 519-668-0023 ext. 119. Please accept our sincere apologies in advance. Each and every gift makes a difference and is deeply appreciated.

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